



## NEWSLETTER

### San Andreas Movers & Shakers...it's not *OUR* fault!

P.O. Box 645, Altaville, CA. 95221 / Telephone 209-754-5360

e-mail: parkinsonsmoversandshakers@gmail.com

VOLUME FIVE NO. 2

Newsletter Editor: Joe Fleischman

FEBRUARY 1, 2015

# S.A. M & S...



### COMMITTEE MEMBERS

Barbara Pollard; President, Secretary, Publicity  
Joe Fleischman; Vice President, Newsletter, Library  
Judy Axtman; Treasurer, Membership Roster, Hospitality  
Mona Harris; Hospitality  
Gary Davidson, Refreshment, & Program Coordinator



### MEETING, Tuesday, January 6, 2015.

Elizabeth Armstrong from Bankers Life Care spoke on the benefits of Long Term Care insurance unfortunately if you are already diagnosed with Parkinson's disease or any other disease you do not qualify for long term care Insurance. On the other hand if the care giver is in fairly good health they can apply for long term health care. This insurance helps off set the massive expense of paying for long term health care out of your own pocket should the caregiver gets in a situation where they need health care. Elizabeth has an office in Murphys and was very well versed on the subject of long term health care. Since everyone needs are different and if you want more specific information you can contact Elizabeth at 209-743-7476 or Elizabeth.armstrong@bankerslife.com.

Marcy was unable to fill the position of Secretary and had to resign, Gary filled in for her and Barbara said she would continue doing the minutes for the Executive Board Meetings. Marcy said she would assist Judy as a door greeter. We are planning two split meetings for this year, one in May and the other in September and plan on having them at the Mark Twain Hospital.

### Next Meeting Date: Tuesday February 3, 2015

We do not have a guest speaker for this meeting. Judy is working on getting a Pharmacist as a guest speaker. The pharmacist would like to know what questions you have for him in advance so that he can be properly prepared to answer them. So please bring your request to the meeting so that Judy can forward them on. The next Executive Board Meeting will be April 7, 2015, so if there is something you would like the board to consider please let one of the members know by then.

The refreshment list is complete now and is as follows:

January - Axtman,	February - Fleischman	March - Crawford
April - Pollard	May - Pulis	June - Rapetti (birthday month)
July - Harris	August - Tallis	September - Fleishman
October - Camfield	November - Davidson	December Christmas Party

Thanks to all of you for volunteering to do refreshments and a special thanks to **Barbara** for doing the coffee every month. Thanks also to **Judy and Jack**, for bringing the refreshments last month.

This month's refreshments are brought to you by **Joe and Shirley**.

We look forward to seeing all of you at the February meeting.



**Members News**

Gary Davidson passed on the following information:

This is the new drug I mentioned at the meeting on Tuesday that has been FDA approved. Impax says it will be available in February.

[https://www.michaeljfox.org/mobile/news-detail.php?fda-approves-extended-release-levodopa-carbidopa&utm\\_source=social&utm\\_medium=facebook&utm\\_content=researchnews&utm\\_campaign=levodopa-fda&s\\_src=levodopa-fda&s\\_subsrc=facebook](https://www.michaeljfox.org/mobile/news-detail.php?fda-approves-extended-release-levodopa-carbidopa&utm_source=social&utm_medium=facebook&utm_content=researchnews&utm_campaign=levodopa-fda&s_src=levodopa-fda&s_subsrc=facebook)

**A new device to administer Levodopa/Carbidopa**

A belt-worn pump that delivers levodopa/carbidopa continuously under the skin may help alleviate the motor fluctuations associated with traditional, oral therapy.

Israeli company Neuroderm recently announced that it saw clinically significant levels of levodopa in plasma in a Phase II trial of its pump system to deliver a liquid form of [levodopa/carbidopa](#). The Michael J. Fox Foundation funded this study.

Neuroderm is also testing a pump-patch product to deliver the drugs under the skin. That product resembles a nicotine patch with micro needles to inject the drug. The pump from the company's latest study is similar to an insulin pump for diabetes.

"Maintaining consistent levodopa concentrations has been the most significant hurdle in Parkinson's disease therapy," said Sheila Oren, MD, NeuroDerm's Vice President of Clinical and Regulatory Affairs and principal investigator on the study.

The current gold standard, levodopa is a compound converted to dopamine in the brain, replacing the neurotransmitter that controls movement and that is lost in Parkinson's disease. The oral form of levodopa is absorbed into the bloodstream only in a small part of the intestine then must travel to the brain. Carbidopa helps avoid the breakdown of levodopa along its journey.

Over time, levodopa loses its efficacy and symptoms return before it's time for another medication dose. Patients can't take an unlimited amount of levodopa because too much causes debilitating side effects such as involuntary movements called dyskinesia.

"These results add to the growing body of clinical data confirming our thesis that continuous, subcutaneous delivery of levodopa/carbidopa leads to more consistent therapy, which we expect to have a dramatic effect on patient outcomes and quality of life," said Oded S. Lieberman, PhD, CEO of NeuroDerm.

**February Birthdays**

Judy Axtman

Marcy Davidson

Sarah Johnson

Max Maxwell

Rey Ochoa

Jordon Rapetti

Bill Slankard



*We wish you a very Happy Birthday and many more.*

**February Anniversaries**

Mr. & Mrs. Bill Slankard

*Happy Anniversary to you and we wish you continued happiness in your partnership.*





SAN ANDREAS MOVERS & SHAKERS...it's not OUR fault!!

**FUTURE GUEST SPEAKERS**

August; Area Agency12 is scheduled

October; Health Insurance Counseling and Advocacy Program (HICAP) is scheduled to give us an update on the latest changes in Medicare.

Hope you all enjoyed the Super Bowl today and we look forward to seeing you all on Tuesday.

